

RECOVERY ROAD ONLINE

SAFETY PROTOCOL

ZOOM UP THE HIGHWAY OF HOPE



HISTORY

At Town Hall, May 9, 2021, the topic of "Harassment" was presented and resulted in the formation of a committee. Three members volunteered to join the committee to formulate a safety policy. The committee did a lot of research and discovered a safety policy written and used by Alcoholics Anonymous. It was determined that a better policy could not be originated and that the years of experience from AA could help guide the safety of our fellowship.

The committee developed a Safety Protocol from the AA writing, and that writing was presented to the fellowship on July 18, 2021, at a special Group Conscience meeting. It was determined that not enough time had been given to the members to read and review the Safety Protocol and a subsequent meeting was held on August 1, 2021. Specific feedback and corrections to the Protocol were given from many members in attendance.

This Safety Protocol was approved, without objection, by the fellowship at a Group Conscience Meeting on August 8, 2021.

Main Advisory Board



- 1. Recovery Road Online, is an online recovery fellowship that utilizes the 12 Steps of Recovery and the 12 Steps of Group Unity to help members to recover from problem gambling or compulsive gambling. RRO officially adopts the Safety Protocol utilized by Alcoholics Anonymous as a guideline to ensure our common welfare and to ensure the safety of our membership.
- **2.** For purposes of this protocol the "group" is defined as Recovery Road Online (all meetings and members) when organized as a safety meeting that has been scheduled by any member of the RRO Main Advisory Board.
- **3.** The scheduled safety meeting will be conducted by the Main Advisory Board member or their designee(s). Any consensus reached by the RRO safety meeting will be communicated to all RRO meetings as well as the RRO Facebook Groups (RRO, Women's, Chairpersons & Family Group).
- **4.** Any individual meeting is free to use this protocol, or take any appropriate safety measures, without calling a safety meeting. However, consistent with Group Unity Step Four, any action taken by any individual meeting is not applicable to any other meeting or RRO (all meetings and members).



- 5. Individual meetings retain the right to maintain good order. Disruptive participants may be warned to stop the disruptive behavior, have their microphone muted, video shut off, name changed, asked to leave, placed in a waiting room, or be removed (as a last resort). The meeting chairperson/host may take these actions but must be accountable to the group and announce that action to the group. If any group members disagree with the actions taken by the chairperson/host of the meeting, a group conscience should be taken to determine what is needed to maintain safety and unity.
- **6.** Every individual member retains the right to ensure their own safety. Various responses are possible: 1) the member may pause, gather their thoughts, or call their sponsor; 2) the member may take a screenshot of any offensive or threatening material; 3) any member always has the option to leave the meeting to avoid feeling unsafe or uncomfortable. The AA material, as well as RRO writings, suggest that members contact their sponsor, the meeting chairperson/host, or a RRO trusted servant. One example of a trusted servant is a member with sufficient time (typically, at least one year) that the member trusts to be of assistance.



7. Nothing in the Group Unity Steps prohibits a member from speaking out, chatting, or interrupting a meeting to expose and/or stop an unsafe or offensive situation. Note on anonymity: The principle should never be used to protect an offender. Anonymity protects members from embarrassment or harassment from outside of RRO. Anonymity does not mean an offender may not be exposed inside the fellowship for safety reasons, nor does it preclude RRO from contacting appropriate authorities, if warranted.

Authorities and Resources (USA only)

FBI Contact for Online Help

(202) 324-3000

FBI Internet Crime Complaint Center Website

IC3.gov

Local FBI Contact (website)

TIPS.FBI.gov



Service Material from the General Service Office

SAFETY AND A.A.: OUR COMMON WELFARE

THE FULL "SAFETY" WRITING FROM ALCOHOLICS ANONYMOUS MAY BE FOUND AT:

https://www.aa.org/assets/en_US/smf-209_en.pdf

