



# *RECOVERY ROAD ONLINE*

## **RECOVERY STEP 4 MONTHLY INCOME**

**ZOOM UP THE HIGHWAY OF HOPE**



# **WORKING THE RECOVERY STEPS**

## **“STEP FOUR”**

Made a searching and fearless moral and financial inventory of ourselves

---

**SPIRITUAL PRINCIPLE: TRUTH & TOLERANCE**

---

### **FOURTH STEP PRAYER**

Dear God,

It is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine and I will begin a searching and fearless moral and financial inventory. I will write down my wrongs, but I will also include that which is good. I pray for the strength to complete the task.

---



## STEP FOUR

MADE A SEARCHING AND FEARLESS MORAL AND FINANCIAL INVENTORY OF OURSELVES.

### FINANCIAL INVENTORY

#### Worksheet 4F - MONTHLY INCOME

Income Source	Description/Comments	Amount (before any deductions)
Primary Job		
Secondary Job		
Unemployment		
Disability		
Pension		
Social Security		
General Assistance		
Food Stamps		
Property Income		
Investment Income		
Alimony		
Child Support		
Spouse's Available Income		
Other Income (describe)		
	Total Monthly Income	

#### INSTRUCTIONS:

Most people experienced with computer spreadsheet programs use them for this and the following worksheets.



## STEP FOUR

MADE A SEARCHING AND FEARLESS MORAL AND FINANCIAL INVENTORY OF OURSELVES.

### FINANCIAL INVENTORY

#### Worksheet 4F - MONTHLY INCOME

Income Source	Description/Comments	Amount (before any deductions)
Primary Job		
Secondary Job		
Unemployment		
Disability		
Pension		
Social Security		
General Assistance		
Food Stamps		
Property Income		
Investment Income		
Alimony		
Child Support		

#### **INSTRUCTIONS** (continued)

1. In the middle column describe the source of the income and make any comments. If income varies from month to month (i.e. sales commissions), make that note here. If there are any garnishments or if the income is going to expire soon that should be noted here.



## STEP FOUR

MADE A SEARCHING AND FEARLESS MORAL AND FINANCIAL INVENTORY OF OURSELVES.

### FINANCIAL INVENTORY

#### Worksheet 4F - MONTHLY INCOME

Income Source	Description/Comments	Amount (before any deductions)
Primary Job		
Secondary Job		
Unemployment		
Disability		
Pension		
Social Security		
General Assistance		
Food Stamps		

#### **INSTRUCTIONS** (continued)

2. In the right-hand column, make your best conservative estimate of the average monthly amount. If the income is weekly, multiply the amount by 52 and divide by 12, double bi-monthly amounts. Initially don't include any occasional or uncertain income sources such as annual bonuses, tax refunds, expected gifts etc. Try to keep this as simple as possible. In the Spouse's Available Income, only list the amount that will go towards their share of family expenses. Their wages or other income should not be used to pay gambling debts.



## STEP FOUR

MADE A SEARCHING AND FEARLESS MORAL AND FINANCIAL INVENTORY OF OURSELVES.

### FINANCIAL INVENTORY

#### Worksheet 4F - MONTHLY INCOME

Income Source	Description/Comments	Amount (before any deductions)
Primary Job		
Secondary Job		
Unemployment		
Disability		
Pension		
Social Security		
General Assistance		
Food Stamps		
Property Income		
Investment Income		
Alimony		
Child Support		
Spouse's Available Income		
Other Income (describe)		
	Total Monthly Income	

#### **INSTRUCTIONS** (continued)

3. Add up the amounts and put the sum under Total Income.